WEEK 1				
MONDAY	***TUESDAY***	***WEDNESDAY***	***THURSDAY***	***FRIDAY***
Vegetable & Bean Cottage Pie	Beef Burger	Roast Pork	Mild Chicken Curry	Breaded Fish Fingers
Or	Vegetarian option			
Veggie Enchilada	Philly Vegetarian Hot Dog	Roast Quorn Fillet	Chick Pea & Sweet Potato Curry	Vegan Sausage Roll
Seasonal Vegetables	Herby Diced Potato & Sweetcorn	Yorkshire Pud, Roast Potatoes, Seasonal Veg & Gravy	Rice, Peas & Sweetcorn	Chips, Baked beans or Peas
Vanilla Crunch & Custard	Chocolate Sponge & Chocolate Sauce	Strawberry Muffin	Oaty Fruit Crunch & Custard	Fruit of the Forest Mousse
WEEK 2				
MONDAY	***TUESDAY***	***WEDNESDAY***	***THURSDAY***	***FRIDAY***
Margarita Pizza, Potato Wedges & Coleslaw	Taste of Suffolk Pork Sausages	Roast Chicken	Pasta Bolognaise & Garlic Bread	Breaded Fish Fingers
Or	Vegetarian option			
Vegetable Lasagne & Garlic Bread	Quorn Sausage	Roast Quorn Fillet	Veggie Chilli Loaded Wedges & Salad	Quorn Vegan Fishless Finger
Chocolate Sponge & Chocolate Sauce	Mashed Potato & Seasonal Vegetables	Yorkshire Pud, Roast Potatoes, Seasonal Veg & Gravy	Chocolate Crunch & Custard	Chips, Baked beans or Peas
	Lemon Muffin	Fruit of the Forest Mousse		Orange Jelly & Ice-Cream
WEEK 3				
MONDAY	***TUESDAY***	***WEDNESDAY***	***THURSDAY***	***FRIDAY***
Classic Macaroni Cheese & Garlic Bread	Beef Meatballs in a Tomato Sauce, Rice & Peas	Roast Gammon	BBQ Chicken Melt, Potato Wedges & Peas	Salmon Fish Fingers
Or	Vegetarian option			
Veggie Bean Burger, Mini Baked Potatoes & Peas	Vegetable & Bean Burrito & Salad	Veggie Toad in the Hole	Vegetable Bolognaise & Garlic Bread	Quorn Southern Style Nuggets
Fruit of the Forest Mousse	Marble Crunch & Custard	Yorkshire Pud, Roast Potatoes, Seasonal Veg & Gravy	Orange Muffin	Chips, Baked beans or Peas
		Fruit Crumble & Custard		Chocolate Sponge & Ice-Cream

Week 1: w/c 31/10, 21/11, 12/12, 16/01, 06/02, 27/02, 20/03

Week 2: w/c 07/11, 28/11, 02/01, 23/01, 13/02, 06/03, 27/03

Week 3: w/c 14/11, 05/12, 09/01, 30/01, 20/02, 13/03

Available every day – Homemade fresh (wholegrain) bread, fresh salad and either, fruit, cheese & biscuits, flavoured yogurt, strawberry or orange jelly (as a replacement for the dessert listed on the menu).

Menu is subject to availability/change. **Known** dietary requirements will be catered for.

For information on allergens & intolerances visit www.eats-catering.co.uk