

# LAKENHEATH SEND NEWS

JANUARY 2025

## WELCOME

Welcome to the first SENDCo newsletter! This will be published every half term and will contain information related to SEND (special educational needs and disability), useful facts and helpful hints. Please let me know of anything you would like to see in the next newsletter!

Many Thanks  
Mrs Page -Deputy Head Teacher and  
SENDCo



## DATES FOR THE DIARY



JAN

20

Alison Reid-  
Parenting Drop in

28

Coffee and Chat  
with Alison Reid  
(Parenting Drop in)

FEB

25

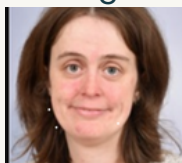
Coffee and Chat with  
Catherine Frazer  
Andrews- SES- Restorative  
Behaviour Approaches

## REMINDERS

If you have a concern your child may have a special educational need please approach the class teacher in the first instance but you can also make an appointment to meet one of the school SENDCo's.

## SENDCO'S

Mrs Page



Miss Mullings



## CONTACT INFO

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## A Focus on: ADHD

ADHD (Attention Deficit Hyperactivity Disorder) is a neurodevelopmental condition that affects an individual's behaviour and includes significant symptoms of inattention, hyperactivity, and impulsiveness. These symptoms will have been evident since early childhood. The three main characteristics of ADHD are shown in the picture below. 1 in 20 children have ADHD and can present in a mild, moderate or severe form. Diagnosis is through NSFT (Norfolk, Suffolk Foundation Trust), involving school and parental referrals forms and unfortunately, rather a lengthy wait. However, we do not need a diagnosis to support your child, and will support them with any difficulties they have across the characteristics. Teachers use ADHD-friendly teaching strategies and have access to various different resources to help children with their needs.



For further information

<https://www.suffolklocaloffer.org.uk/health-and-wellbeing/autism-adhd-and-neurodevelopment/the-east-west-suffolk-ndd-pathway>

<https://www.nhs.uk/conditions/attention-deficit-hyperactivity-disorder-adhd/>

### Book Recommendation of the Term - Loud By Rose Robbins

Little Abigail's not having a great day. Her teacher wants the class to concentrate on writing, but Abigail can't stop fidgeting, fiddling, scribbling and giggling. She's soon dispatched off to the Cooling Down room. People just don't seem to know what else to do to help her, and in fact Abigail's not even sure she know herself. Then Abigail meets music teacher Miss Butler and finds that she can express herself through singing. Abigail is surprised to discover that she actually loves writing –when it's songwriting!

Although it's implied that Abigail has ADHD, this is a book that will resonate with any child who's ever found it tricky to do what is expected of them. Meanwhile, adults will pick up on the poignancy of such a young child already so resigned to feeling misunderstood.

