

Lakenheath Primary School

Physical Education Sports Premium Action Plan and Intended Grant Spend – September 2021 to July 2022



Estimated Sports Premium Grant	£18,400 + £2825 carry over = £21,255
Total number of pupils on roll (Y1-6)	290

Objectives	Specific Actions	person/s responsible	Success criteria	Timescales , including detailed dates of meetings and deadlines	Cost	Impact
<p>1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles</p> <p>To ensure all children achieve 30 minutes of physical activity in school each day in line with government guidelines.</p>	<ul style="list-style-type: none"> Purchase more PE equipment to be used at play/lunch time for chn to engage with. Year 5/6 children to participate in Bike ability EY children/ Year 1 to participate in Balance ability Chn to engage in classroom based activities as additional activity throughout the day – active maths, cosmic yoga, exercise videos. Promote healthy lifestyles and eating through snack choices, water etc. 	<p>MB</p> <p>MB/MT</p> <p>MB/CP</p> <p>All class teachers</p> <p>SE/MB</p>	<p>More children to be active during play time through the use of equipment and space provided. Chn to be playing games effectively.</p> <p>EY & Y5/6 to participate in the Balanceability/Bikeability schemes in order to promote bike safety and encourage chn to further their own skills by biking/scooter to school etc.</p> <p>Class teachers to ensure chn are engaging in physical activity throughout the day and not just in PE.</p> <p>Tighten the school policy on snacks allowed at school and encourage children to drink water at school.</p>	<p>September 2021 – July 2022</p> <p>May 2022</p> <p>EY – October 2021</p> <p>All year round.</p> <p>All year round.</p>	<p>Balance ability: £920 – EY children</p> <p>Bikeability: £135 plus VAT – Year 6 children</p> <p>Premier Sports cost: (coaches) £2173</p> <p>£3709 Opal playtime equipment</p> <p>£1117.98 Gymnastics mats and benches</p>	<p>Children at Lakenheath have engaged in a range of physical activity throughout the year. Biking programmes such as balance and bike ability train children in using bikes safely which means they can bike to school (Y6) independently. A new playtime and lunchtime approach was set up at school to give children freedom in play, following some of Opal's objectives. A range of equipment was purchased to support children being physically active throughout the day, and to encourage more play based games to increase physical activity levels.</p> <p>The school encourages a healthy lifestyle policy, promoting walk to school weeks, tightening snacks that are allowed and being aware as a school of diet and children obesity. Year 4 children took part in a mini medics course which highlighted aspects of</p>

	<ul style="list-style-type: none"> Use external coaches (Premier Sports) to encourage and offer more opportunity for physical activity. 	MB/SE (Premier sports to support running)	<p>Getting more children active during the school day by offering a range of activities at lunchtimes and a variety of after school clubs.</p> <p>Potential to use funding to buy balanceability bikes for school to train EY chn all year round and increase activity and competence.</p>	September – July 22 (lunchtimes, afterschool.		<p>life, the importance of exercise and also gave them life skills related to first aid.</p> <p>External coaches were used to offer a variety of sports at lunchtimes on our ball court, for children wanting sports based physical activity. This was a huge success, chnn experiencing sports such as basketball, badminton, tennis and archery – many of which they wouldn't play alone.</p>
2. The profile of PE and sport being raised across the school as a tool for whole school improvement	<ul style="list-style-type: none"> Enter high quality competitions available through membership with Forest Heath School Sports Partnership culminating in Suffolk School County Games. Actively engage G&T chn to help promote physical activity across the school, provide opportunities for these to excel and share their experiences. Celebrate sport throughout school, and promote 	<p>MB</p> <p>MB</p> <p>MT/MB</p>	<p>More children will have the opportunity to participate in high-level competitions and feel involved, and proud to represent the school.</p> <p>Opportunities to participate in a differing range of competitions and sports.</p> <p>Providing opportunities and celebrating gifted and talented children.</p> <p>Opportunity for children to build confidence in a variety of activities – can then lead younger children during lunchtimes.</p> <p>Update noticeboards of achievements in school.</p>	<p>September 2021 – July 2022</p> <p>Courses TBC by FHSSP</p> <p>All year</p>	<p>School Sports Partnership £905</p> <p>£289 New sports kit for competitions</p> <p>£178 on speaker system for sports week.</p> <p>£15 amazon – sports day stickers</p>	<p>Being part of the Forest Heath School Sports Partnership has a massive positive impact on the profile of sport and PE at Lakenheath. It gives many of the children a sense of pride in representing the school and being part of the community. New kits were purchased to give the school and children a better image in the public eye and make them feel pride putting on the school's kit rather than PE kit. During 2 events in the Summer, the children dressed up as a country for the Commonwealth games – New Zealand. We were awarded the best dressed award and won a prize for our commitment to raising the profile of the Commonwealth Games. As a result of our</p>

	<p>school sport into the public eye / parents.</p> <ul style="list-style-type: none"> • Offer intra-school based competition as family groups, to encourage competitiveness and togetherness through physical activity. • Organise and create a sports week with a focus on all children participating in sport, raising awareness and increasing enjoyment post COVID-19. 	<p>MB</p> <p>MB</p>	<p>Produce reports relating to competitions that have been participated in for website/Facebook page. Also, use pictures as evidence.</p> <p>Celebrate achievements in assembly of both individual and team sporting greatness.</p>	<p>round.</p> <p>Spring/Summer terms.</p> <p>Summer term (June 22)</p>	<p>involvement in our partnership, the school celebrated achieving a Gold award from the School Games Mark, a first for Lakenheath for a number of years. We shared and celebrated this with the children and on our school's Facebook page.</p> <p>Intra-school events took place throughout the year, with our biggest event during sports week. The carousel day has every child participating in 8 different activities, while they are in teams from EY to Year 6 children. We received help from a local Secondary school for the event, raising our school's profile and keeping link strong with feeder schools. The day was a huge success and we were praised on the Secondary school's newsletter.</p> <p>Achievements have been celebrated throughout the year during assemblies. Encouraging children to share success from outside of school as well as celebrating competitions the school have participated in. We have had a number of children taking part in alternative sports such as: Go-Karting, Motor Cross, Indoor Bowls, Gymnastics,</p>
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3. To increase the confidence, knowledge and skills of all staff teaching PE and sport.	<ul style="list-style-type: none"> Teachers to work with a specialist sports coaches (x6 hours per class) on a chosen sport (per year group) Coordinator to teach to support any teachers requiring additional help/ideas. Purchase new planning / scheme of work to engage teachers further. Provide with a more up to date and interactive scheme. Provide CPD opportunities to staff, and give them access to links/meetings. Ensure staff are up 	<p>MB to book</p> <p>CT to work with.</p> <p>MB & all CT</p> <p>All CT</p> <p>MB</p> <p>All CT</p> <p>(MB to support)</p> <p>FHSSP / MB</p>	<p>Lessons should provide a positive outcome for the CT's and give them confidence in teaching specific units of work. Evaluation form for teachers working with specialist to evaluate successes and next steps – help future planning.</p> <p>Increase standard of teaching in specific sports. Lesson observations and feedback will help develop further.</p> <p>Teachers to be able to assess chn in PE, and offer this as part of school report / parents' evening.</p> <p>Teachers will learn new skills or up-level skills and become more competent in areas of development. CPD will give useful tips on lesson ideas, structure etc.</p>	<p>September 2021 – July 2022</p> <p>When required.</p> <p>December 21</p> <p>Course dates dependant on partnership.</p>	<p>Specialist Coaches through school partnership £1400</p> <p>Supply teacher for cover of PE coordinator £5456</p> <p>AfPE Safe Practice £118</p> <p>For workshop and practice guide.</p> <p>£25 for orienteering course</p>	<p>Specialist coaches were hired and deployed to support some Class Teacher's in specific areas of development, to give them more confidence in delivery such sports and ideas of skills/games etc. We used these for an ECT we had hired, to help build her confidence in delivering Primary PE. We acquired coaches in: Cricket, Gymnastics, Dance and Multi Skills. All were a huge success with the teachers, positive feedback was received and the coaches were very helpful.</p> <p>To increase the confidence of teaching PE, we bought a new PE scheme of work called Get Set 4 PE. After lots of research, we decided this scheme was more up to date than our previous one, was more user friendly and easier to follow and understand. This has given teachers more confidence to follow lesson plans and deliver</p>

	to date with current safe practice guides for safety of pupils and lessons.		New Safe practice guide will be purchased and made available for staff to access to support with safety of lessons, safety of children and how to properly deal with any concerns.			<p>higher quality lessons. The feedback received has all been fantastic – teachers commenting on the use of diagrams, short instructions and outlining the equipment needed has all assisted in their development and increasing their confidence.</p> <p>PE lead attended a number of CPD courses to improve knowledge and confidence in some areas. The orienteering course was superb, which has now allowed us as a school to create a bank of resources for everyone to use and deliver OAA.</p>
4. broader experience of a range of sports and activities offered to all pupils	<ul style="list-style-type: none"> To offer and run a variety of sports clubs throughout the year to all age groups to experience. Edit and improve long term planning of PE across the school, collecting teachers feedback and providing them with resources/plans to implement lessons. External levelled 	<p>MB & Premier Sports</p> <p>MB (All ct to follow)</p> <p>MB to hire.</p>	<p>Chn to experience exciting new clubs / activities at school to participate in. Inclusive clubs for all ages to access.</p> <p>Long term plan (2 year rolling cycle) to offer opportunity for chn to learn about new sports and skills to avoid repetition but also to engage all chn in a range of lessons. Additionally, expose teachers to a broad range of sports for confidence.</p> <p>Coaches will run activities</p>	<p>Offered all year round September 2020 – July 2021</p> <p>Edited October 2020</p>	<p>(See Premier Sports Cost)</p> <p>New scheme of work = £1375 plus VAT</p> <p>£546 Outdoor EYFS resources to support PE</p> <p>£205 – Sports leaders</p>	<p>In line with purchasing our new PE scheme, this has positively impacted on the broader range of activities offered and available to the pupils. Within the curriculum map children will experience sports such as: Ultimate Frisbee, OAA, Handball, Yoga and more, all of which they have never have experienced previously. The new scheme and plan has given the school a new fresh approach, where teachers are adopting new lessons, new types of skill teaching rather than game based activities.</p>

	<p>coaches to be used to broaden the activity at lunchtime and afterschool.</p> <ul style="list-style-type: none"> Engage with local clubs to offer opportunities, and make links for chn to further participation. Sports premium breakfast club to be run on two mornings a week to engage disadvantaged families. 	MB & relevant personnel at teams.	<p>and/or PE lessons which will engage and excite the chn. These opportunities will promote sports further, and increase club numbers.</p> <p>Have chn experience different sports, and to promote being active outside of school whilst making positive connections.</p> <p>Sport and activity offered to pupil premium chn, in order to keep them active and broaden their experience and mindset with physical activity.</p>	<p>September 2020 – July 2021</p> <p>When opportunities arise.</p> <p>September 20 – July 21</p>	<p>workshop for G&T</p> <p>£160 – mini medics course – Y4 children</p>	<p>The use of an external coach company has provided the children with a variety of clubs they can attend after school. This company has had clubs such as: Dodgeball, Archery, Dance, Gymnastics and Basketball. The broad range has allowed and encouraged children to try new sports, with high numbers of participation in each one. Alongside this, the PE lead has run clubs that coincide with competitions such as Football, Netball, Cricket, Tag-Rugby, giving more children to experience the sport and attempt to be part of a school team.</p> <p>We have encouraged links with local clubs to promote physical activity outside of school. We have linked up with Chance to Shine cricket who have affiliation with Worlington Cricket Club, Lakenheath Youth football club and Lakenheath indoor bowls club. All have come in, offered taster sessions and handed out leaflets to broaden children's opportunities.</p>
5. To increase whole school	<ul style="list-style-type: none"> Enter high quality competitions available through membership with Forest Heath 	MB to enter	School will enter inter school competitions as part of the partnership, aiming to enter a range of	September 2021 – July 2022	Travel to sports competitions £220	The amount of children that have participated for the school in competitive sport has increased significantly. The

participation in competitive sport.	<p>School Sports Partnership culminating in Suffolk School County Games.</p> <ul style="list-style-type: none"> Offer intra-school based competition as family groups, to encourage competitiveness and togetherness through physical activity. A wide range of after school clubs to be on offer Variety of chn selected to represent school in competitions. Introduce a sports week at school to encourage whole school participation. Successful last year, continue tradition. 	MB	<p>sports available for all year groups.</p> <p>Produce an in house competition amongst school house teams to compete against each other. Select a variety of inclusive sports for chn to have fixtures vs each other.</p> <p>Certificates/trophies for winning teams to engage and promote love for sport.</p>	Termly competition TBC	<p>SEND workshop £220</p> <p>After school clubs – Premier sports cost</p> <p>And</p> <p>£0 from MB</p>	<p>interest is more than ever, with many children wanting to take part and represent the school. A tracking document was used to track which individual's too part in each competitive sport, trying to give chances to a variety of ages, genders and abilities. We entered an SEND competition which 8 of our SEN children took part in and won.</p> <p>Our new playground approach has encouraged children to physically play and take part in activities. This has given children an insight into different activities and injected the love for sport and participation back into the whole school.</p> <p>In house competitions have provided a strong competitive feel to the school, giving children a sense of pride about their family group and a love for competition. As previously mentioned, this is all rounded off on our Field day, where children participate in a range of activities scoring points for their family group. An overall winner is calculated and celebrated with a trophy. This year's event was amazing, we had the whole school participating competitively all</p>
		MB/ Premier Sports	<p>Club lists of children attending each after school club to demonstrate an increase and range of chn participating in an extracurricular club.</p> <p>List of range of clubs offered throughout the academic year.</p>	September 2021 – July 2022	£205 – Sports leaders workshop for G&T	
		MB organise	<p>Different children to be participating and representing the school (list to be generated)</p> <p>Inclusive practice – PP, SEND, G&T.</p> <p>Sports week will engage the children with a week of participation, and experiencing new sports.</p>	September 2021 – July 2022		
				Summer term '22		

			Bring back passion post COVID-19.			with a drive to succeed for their family group, but it had a positive impact on their love and interest to participate in activity.
6. To ensure that children can swim 25 metres by the end of Year 6.	<ul style="list-style-type: none"> Chn go swimming during Years 3 / 4 for 6 weeks at Mildenhall. Monitor swimming of all chn going swimming to identify who can hit the target by end of year 4. Pick up any non-swimmers in Year 5 / 6 for booster swimming lessons. Produce questionnaires to chn/parents about swimming outside of school to encourage swimming. 	<p>Chn / CT</p> <p>MB</p> <p>MB/MT</p> <p>MB/MT</p>	<p>Class registers will be produced and identified on who can or can't swim by the end of Year 4.</p> <p>Year 5 & 6 chn will be identified and offered additional swimming lessons to help learn to swim, to close gap and decrease percentages.</p> <p>Questionnaire will encourage parents to take chn swimming, and chn to identify themselves what they can or can't do, also encourage to ask to go swimming.</p>	<p>September 2021 – March 2022</p> <p>September 2021</p> <p>June 2022</p>	<p>* Booster Swimming instructor cost TBC</p>	<p>Catch up swimming lessons were offered to our Upper Key Stage 2 children in attempt for them to pass the national swimming standards prior to them leaving Primary school. We booked a 6 week block just for these children. It had a positive impact on the children, resulting in 80% of Year 6s leaving school being able to swim 25metres. Out of a cohort of 42, only 8 children failed to meet this target.</p> <p>Swimming was also provided for each of our Year 3/4 classes, also attending a 6 week block of swimming with instructors. We made not of the progress each child made and any Year 4 that had not quite met the expected levels. These children will be offered additional catch up swimming lessons in the next academic year in attempt to get them swimming at least 25 metres and being safe in water.</p>
Current Sports Premium Spending				Total so far: £ 21,255		

* Other PE and Sport Premium money will be spent on catch up swimming lessons, and travel to the venue.